

# Foot Care (Podiatry) Service



**Keeping your feet healthy**

**Information for patients and carers**

**What is a podiatrist?**



Podiatrists used to be called chiropodists

- They look after your feet
- They keep your feet healthy



**What does the foot care service do?**



First we do an assessment of your feet



Then, if you have a problem with your feet, we give you the right treatment

We can treat you by removing hard skin and corns on your feet



## We can treat **ingrown toenails**

This is when the nail grows into your skin

We can also show you how to take care of some foot problems yourself



We can give you support and advice if you have a health condition which makes problems with your feet more likely



**Diabetes** is an example of one of these conditions.



## **Who works at the podiatry service?**

Our team is made up of qualified podiatrists and trained podiatry assistants



## **How can I use the service?**

If you are **an adult under 60** you must ask your doctor or other health worker to make a referral to us



Some people can self refer to our service – this is when you phone us up yourself



If you are

- over 60



- registered disabled



- pregnant or breastfeeding



you can use our service by calling our **central booking office** on **020 7685 5601**



With a referral, you can also make an appointment for **children under 16** by calling **020 7685 5601**



If you are an inpatient at

- University College London Hospital (**ward T7 only**)
- St Pancras Hospital

the ward staff can make a referral for you



If you need an interpreter, please let us know as soon as you receive your appointment

## Where do I go for treatment?



You will have your treatment in your choice of **available clinics**



There is a list of clinics and their opening hours at the end of this leaflet



## Nail cutting service (for people over 50)

If you need help cutting your toenails and have no other health problems, contact **Age UK (Camden)**



Their phone number is **020 7239 0400**



You will have to **pay** for this service

## What if it is an emergency?



If your feet are swollen or infected, contact your doctor or go to the hospital straight away

If you are already using our service, you can contact us with an emergency problem

**24 hrs**  
**1 day**

We will try to see you within **24 hours**, but remember

we are only open

- **Monday to Friday**



- from **9am to 5pm**



You can get a full list of our clinics and when they are open from our website

[camdenproviderservices.nhs.uk/service/foot-care](https://camdenproviderservices.nhs.uk/service/foot-care)

Clinic Name	Address	Postcode
<b>Foot care</b> Belsize Priory HC	208 Belsize Road London	NW6 4DJ
<b>Foot care</b> Gospel Oak HC	5 Lismore Circus London	NW5 4QF
<b>Foot care</b> Kentish Town HC	Bartholomew Road London	NW5 2AJ
<b>Foot care</b> Hunter street HC	8 Hunter Street London	WC1E 1BN

## Keeping your health notes private



- we will keep your health notes private
- we can tell you about how we keep your notes safe
- we can tell you how you can see your notes

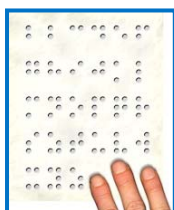
## Please tell us if you need this leaflet



- in larger print



- on audio CD



- in Braille



- in another language





If you have any complaints, compliments or comments, please contact:  
**The Patient Support service**



The Patient support service would like to know what you think of our service

You can tell them what you think

- by letter



**Patient support service**  
CNWL | Camden Provider Services  
3rd Floor Bedford House  
125 Camden High Street  
London NW1 7JR



- by phone

**020 7685 5973**



- by email

**patientsupport.cps@nhs.net**

Thanks to the Camden easy info group at The Advocacy Project  
for making this leaflet easier to read - updated August 2011